Portrait Worksheet

Purpose of this Activity: People with disabilities are people first. Like everyone else, they have interests and abilities, things they do well and things they need help with. This Portrait Assignment will help you get to know more about someone with a disability and be ready to share what you have learned with others.

Preparing for this Assignment: How many people do you know who have disabilities? Maybe you have a disability yourself or know someone who does. If so, you are not alone! Many people do. Some people are born with disabilities while others experience disability due to illness or accident or as part of growing older. Some people have disabilities that are more obvious. They may use crutches or a wheelchair because of difficulty walking, or use a white cane or service dog because of loss of sight, or use sign language or a communication device instead of speech. Other people have disabilities that are harder to see. They may have hidden hearing or vision loss, have trouble with social activities, or have difficulty learning reading or math.

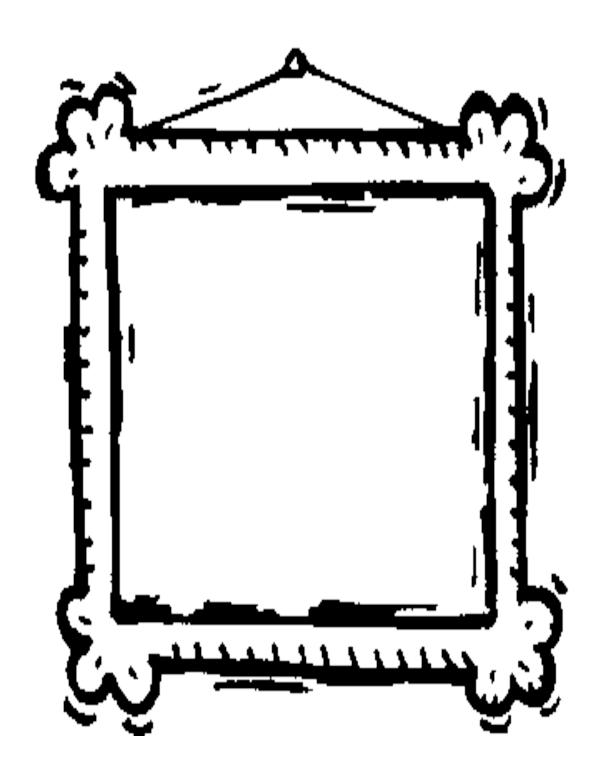
Directions: Choose a person with a disability that you want to write about. You may have a friend or family member you want to interview or learn more about by talking with someone who knows them well. Maybe you have read a story about someone with a disability and want to share their story with your class. If you are not sure who to write about, ask your parents, grandparents, other family members, or your teacher for ideas.

Ask questions to learn more about the person you interview or write about. Here are some examples of questions that can help you learn more about the person:

- Where does the person live?
- What are the person's favorite activities and particular skills?
- What did/does the person do at school or for work?
- What kind of disability does he or she have?
- Does the person use any special equipment or services to help them with daily activities?

Create a Drawing: Use the picture frame space to make your own picture of the person or you can choose make your own frame on a different sheet of paper. Have an adult help you fill in the spaces below your picture with information you learned.

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THIS IS A PICTURE OF _____

I LEARNED THREE INTERESTING THINGS ABOUT THIS PERSON:

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